

The Holy Eucharist

Gathered and Livestream:
Worshiping in Parish Hall



The Church of the Ascension *Munich*

Third
Sunday in Lent
The Church of the Ascension

March 03, 2024

12.00 p.m.

<http://www.ascension-munich.org/>
Seybothstrasse 4, 81545 Munich

The Episcopal Church in the Anglican Communion

The Reverend Daniel R. Morrow *revdanmorrow@gmail.com*
Priest-in-Charge

The Reverend Canon Dr. Alison J. Gray *revalgray@ascension-munich.com*
Priest Associate

David Case, Senior Warden
seniorwarden@ascension-munich.com

Sue Knowles, Junior Warden
juniorwarden@ascension-munich.com

Charlotte Rieger, Vestry Clerk
vestryclerk@ascension-munich.com

Kaye O'Connell, Treasurer
treasurer@ascension-munich.com

Hyunjin Cho, Choir Director
musicdirector@ascension-munich.com

Joachim Zeller, Safeguarding Officer
safeguardingofficer@ascension-munich.com

Donald Adewale
Lloyd Denton
Roger Houghton

Amy Jordan
Shema Paul
Lena Petri

Maria Ramadori-
Volker
Laura Smith
Joachim Zeller

Members of the Vestry

Patrick Kana *Sexton*
Julia Gaspar *Parish Administrator*

SERVING IN WORSHIP TODAY

The Reverend Daniel R. Morrow, *Celebrant / Preacher*

Nathaniel Anene □ Charlotte Rieger □ Martin Schaeffer
Acolytes

Carol Adeney □ Elisabeth Corcos
Altar Guild

Joachim Zeller □ Amy Jordan
Ushers

Giles Williams
Organist

Paul T. Pilgram
Bell Ringer

Helen Riegert
Intercessor

Steve Knowles □ Shaun Aijukah □ David Case (in church)

Jo Westcombe □ Carol Adeney (online)
Tech Team

Charlotte Rieger □ Maria Ramadori-Volker (back-up)
Key Duty

Prelude

OPENING HYMN | Praise to the living God

Hymn 372

1 Praise to the liv - ing God! All prais - ed be his Name
 2 Form - less, all love - ly forms de - clare his love - li - ness;
 3 His Spi - rit flow - eth free, high surg - ing where it will:
 4 E - ter - nal life hath he im - plant - ed in the soul;

who was, and is, and is to be for ay the same.
 ho - ly, no ho - li - ness of earth can his ex - press.
 in pro - phet's word he spoke of old; he speak - eth still.
 his love shall be our strength and stay while a - ges roll.

The one e - ter - nal God ere aught that now ap - pears:
 Lo, he is Lord of all, Cre - a - tion speaks his praise,
 Es - tab - lished is his law, and change - less it shall stand,
 Praise to the liv - ing God! All prais - ed be his Name

the first, the last, be - yond all thought his time - less years!
 and ev - ery - where a - bove, be - low, his will o - beys.
 deep writ up - on the hu - man heart, on sea, on land.
 who was, and is, and is to be, for ay the same.

Celebrant Bless the Lord who forgives all our sins;

People His mercy endures forever.

The Decalogue:

Celebrant

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me.

Amen. Lord have mercy.

You shall not make for yourself any idol.

Amen. Lord have mercy.

You shall not invoke with malice the Name of the Lord your God.

Amen. Lord have mercy.

Remember the Sabbath day and keep it holy.

Amen. Lord have mercy.

Honor your father and your mother.

Amen. Lord have mercy.

You shall not commit murder.

Amen. Lord have mercy.

You shall not commit adultery.

Amen. Lord have mercy.

You shall not steal.

Amen. Lord have mercy.

You shall not be a false witness.

Amen. Lord have mercy.

You shall not covet anything that belongs to your neighbor.

Amen. Lord have mercy.

Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these."

Mark 12:29-31

Celebrant

Let us confess our sins against God and our neighbor.

Silence is marked with the ringing of a bell, and then together:

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and We humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

TRISAGION (WE SING THREE TIMES)|

Hymn S102

Ho - ly God, Ho - ly and Might - y,

Ho - ly Im - mor - tal One, Have mer - cy up - on us.

The Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People Amen

All are invited to be seated

The Lessons

The First Reading | Exodus 20:1-17

Read in German by Bettina Carter

Then God spoke all these words:

I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me. You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made heaven and

earth, the sea, and all that is in them, but rested the seventh day;
therefore the Lord blessed the sabbath day and consecrated it.
Honor your father and your mother, so that your days may be long in
the land that the Lord your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbor.

You shall not covet your neighbor's house; you shall not covet your
neighbor's wife, or male or female slave, or ox, or donkey, or anything
that belongs to your neighbor.

Reader The Word of the Lord.

People Thanks be to God

Psalm | 19, Caeli enarrant

Led by Sue Morris

1 The heavens declare the glory of God, *
and the firmament shows his handiwork.

2 One day tells its tale to another, *
and one night imparts knowledge to another.

3 Although they have no words or language, *
and their voices are not heard,

4 Their sound has gone out into all lands, *
and their message to the ends of the world.

5 In the deep has he set a pavilion for the sun; *
it comes forth like a bridegroom out of his chamber;
it rejoices like a champion to run its course.

6 It goes forth from the uttermost edge of the heavens
and runs about to the end of it again; *
nothing is hidden from its burning heat.

7 The law of the Lord is perfect
and revives the soul; *
the testimony of the Lord is sure
and gives wisdom to the innocent.

8 The statutes of the Lord are just
and rejoice the heart; *
the commandment of the Lord is clear
and gives light to the eyes.

9 The fear of the Lord is clean
and endures for ever; *
the judgments of the Lord are true
and righteous altogether.

10 More to be desired are they than gold,
more than much fine gold, *
sweeter far than honey,
than honey in the comb.

11 By them also is your servant enlightened, *
and in keeping them there is great reward.

12 Who can tell how often he offends? *
cleanse me from my secret faults.

13 Above all, keep your servant from presumptuous sins;
let them not get dominion over me; *
then shall I be whole and sound,
and innocent of a great offense.

14 Let the words of my mouth and the meditation of my
heart be acceptable in your sight, *
O Lord, my strength and my redeemer.

The Second Reading | 1 Corinthians 1:18-25

Read by Sue Morris

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,
and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the

world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Reader The Word of the Lord.
People Thanks be to God.

Gospel Hymn *Rock of ages, cleft for me*

Hymn 685

1 Rock of a - ges, cleft for me, let me hide my - self in thee;
 2 Should my tears for ev - er flow, should my zeal no lan - guor know,
 3 While I draw this fleet-ing breath, when mine eye - lids close in death,

let the wa - ter and the blood from thy wound - ed side that flowed,
 all for sin could not a - tone: thou must save, and thou a - lone;
 when I rise to worlds un - known and be - hold thee on thy throne,

be of sin the dou-ble cure, cleanse me from its guilt and power.
 in my hand no price I bring, sim - ply to thy cross I cling.
 Rock of a - ges, cleft for me, let me hide my - self in thee.

The Gospel | John 2:13-22

Celebrant The Holy Gospel of our Lord Jesus Christ according to John.
People Glory to you, Lord Christ.

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign can you show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

Celebrant The Gospel of the Lord.
People Praise to you, Lord Christ.

The Sermon

The Reverend Daniel R. Morrow

Silence will be marked with the ringing of a bell.

All are invited to stand

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father.

Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he

ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

Led by Helen Riegert

With confidence and trust let us pray to Christ.

For the one holy catholic and apostolic Church.
let us pray to Christ.

Lord of compassion,
in your mercy hear us.

For peace in the world, especially in Palestine, Israel, Ukraine, Yemen, Syria, Somalia, Congo and everywhere there is strife and warfare, that a spirit of respect and reconciliation may grow among nations and peoples, let us pray to Christ.

Lord of compassion,
in your mercy hear us.

For the poor, the persecuted, the sick, and all who suffer, especially _____ for refugees, prisoners, and all in danger; that they may be relieved and protected, let us pray to the Christ.

Lord of compassion,
in your mercy hear us.

For those whom we have injured or offended, let us pray to Christ.

Lord of compassion,
in your mercy hear us.

For grace to amend our lives and to further the reign of God, let us pray to Christ.

Lord of compassion,
in your mercy hear us.

In communion with all those who have walked in the way of holiness
let us pray to Christ

Lord of compassion,
in your mercy hear us.

Celebrant:

Holy God, in your love and goodness you have taught us to come close to you in penitence with prayer, fasting and generosity; accept our Lenten discipline, and when we fall by our weakness, raise us up by your unfailing mercy; through Jesus Christ our Lord. **Amen.**

Silence

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

The People may greet one another in the name of the Lord. Please greet only those in your vicinity by reverently bowing and without moving into the aisles.

Announcements

The Reverend Daniel R. Morrow

The Offertory

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.
—*Ephesians 5:2*

Thanks be to God.

Offertory Anthem



Please offer your gifts to God by making a bank transfer (EUR or USD), scanning this QR code in your PayPal app or by making a regular financial commitment to Church of the Ascension using the form form http://bit.ly/financial_commitment_2024 . Even a small amount given regularly helps.

God shall give his angels charge over you; to keep you in all your ways. They shall bear you in their hands: that you hurt not your foot against a stone

The Doxology

Old 100th, melody from Pseaumes octante trois de David, 1551
Harmonization after Louis Bourgeois (1510-1561)

Praise God, from whom all bless - ings flow. Praise
God all crea - tures here be - low. Praise God a - bove ye
heav - enly hosts. Praise Fath - er, Son, and
Ho - ly Ghost. A - men.

The Great Thanksgiving

Eucharistic Prayer B, BCP p. 367

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

The celebrant continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

Sanctus | Holy, holy, holy Lord (from “*Deutsche Messe*”) Hymnal S130

Ho - ly, ho - ly, ho - ly Lord, God of power and
might, _____ Ho - ly, ho - ly, ho - ly Lord,
God of power and might, _____ hea - ven and earth are
full, _____ full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na
in the high - est. Bless - ed is he who comes
in the name of the Lord. Ho - san - na
in the high - est. Ho - san - na in the high - est.

The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

Celebrant

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. AMEN.

The celebrant continues

And now, as our Savior Christ has taught us, we are bold to say,

Celebrant and People

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in
heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Vater unser im Himmel
geheiligt werde dein Name.
Dein Reich komme.
Dein Wille geschehe,
wie im Himmel so auf Erden.
Unser tägliches Brot gib uns heute.
Und vergib uns unsere Schuld,
wie auch wir vergeben
unsern Schuldigern.
Und führe uns nicht in Versuchung,
sondern erlöse uns von dem Bösen.
Denn dein ist das Reich
und die Kraft und die Herrlichkeit
in Ewigkeit. Amen.

The Breaking of the Bread

Celebrant Christ our Passover is sacrificed for us;

People Therefore let us keep the feast.

The Invitation to Communion

Celebrant

This is the banquet of Christ. In His kingdom there are no outcasts.

Wherever you find yourself on the journey of faith, you are welcome at God's table.

A Prayer for Spiritual Communion with Those Worshiping Online

Celebrant and People

Lord Jesus, as you promised to be with us in the bread and wine that is your body and blood, grant that we may receive you spiritually today into our hearts, minds and souls. Stay with us; be our companion in the way; kindle our hearts and awaken hope that we may know you and have confidence in your loving care, now and forever. Amen.

Notes for Those Making a Physical Communion

- *Please remain in your seat until an usher invites you come forward.*
- *For those with gluten allergies, gluten-free communion wafers are available. Simply ask the priest as communion is offered to you.*
- *For those who wish, the chalice will be offered on either side of the altar. Following convocation guidelines, intinction will not be allowed at this time. Please know that the church has always taught that communion in one kind is a full and valid communion. If you do not wish to drink from the chalice, you may simply return to your seat, stop and bow to the chalice or simply touch the chalice as a sign of reverence.*

Communion Anthem

(Feel free to remain seated during the Communion Hymn.)

Communion Hymn *Lord Jesus, think on me*

Hymn 641

1 Lord Je - sus, think on me, and purge a - way my sin;
 2 Lord Je - sus, think on me, with care and woe op-pressed;
 3 Lord Je - sus, think on me, nor let me go a - stray;
 4 Lord Je - sus, think on me, that, when the flood is passed,

from harm - ful pas-sions set me free, and make me pure with - in.
 let me thy lov - ing ser - vant be, and taste thy prom - ised rest.
 through dark - ness and per - plex - i - ty point thou the heaven - ly way.
 I may the e - ter - nal bright - ness see, and share thy joy at last.

The Postcommunion Prayer

BCP p. 365

All are invited to stand

Celebrant Let us pray.

Celebrant and People

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue forever in the risen life of Christ our Savior. **Amen.**

The Blessing

Celebrant

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of God Almighty, Father, Son and Holy Spirit be with you now and remain with you forever. **Amen**

Closing Hymn | *Before thy throne, O God, we kneel*

Hymn 574

1 Be - fore thy throne, O God, we kneel: give us a con - science
 2 Search out our hearts and make us true; help us to give to
 3 For sins of heed - less word and deed, for pride am - bi - tious
 4 Let the fierce fires which burn and try, our in - most spi - rits

quick to feel, a rea - dy mind to un - der - stand the
 all their due. From love of plea - sure, lust of gold, from
 to suc - ceed, for craft - y trade and sub - tle snare to
 pu - ri - fy: con - sume the ill; purge out the shame; O

mean - ing of thy chas - tening hand; what - e'er the pain and
 sins which make the heart grow cold, wean us and train us
 catch the sim - ple un - a - ware, for lives be - reft of
 God, be with us in the flame; a new - born peo - ple

shame may be, bring us, O Fa - ther, near - er thee.
 with thy rod; teach us to know our faults, O God.
 pur - pose high, for - give, for - give, O Lord, we cry.
 may we rise, more pure, more true, more no - bly wise.

The Dismissal

Celebrant Go in Peace to love and serve the Lord.

People Thanks be to God.

Postlude

Please remain in the Parish Hall (Gemeindesaal) following the worship service for Lenten Soup.

Visitors To Ascension

Thank you for joining us in worship today, our hope is that you experienced God's love and peace. We extend a warm invitation to you to join us for fellowship and refreshments after the service. This will enable you to get to know more about the Church of the Ascension community and for us to start to get to know you. Please just remain in the Parish Hall (Gemeindesaal).

