

# The Holy Eucharist

Gathered and Livestream:  
Worshiping in Parish Hall



## The Church of the Ascension *Munich*

Fourth  
Sunday in Lent  
The Church of the Ascension

March 10, 2024

12.00 p.m.

<http://www.ascension-munich.org/>  
Seybothstrasse 4, 81545 Munich

*The Episcopal Church in the Anglican Communion*

The Reverend Daniel R. Morrow    *revdanmorrow@gmail.com*  
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*safeguardingofficer@ascension-munich.com*

Patrick Kana    *Sexton*  
Julia Gaspar    *Parish Administrator*

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**SERVING IN WORSHIP TODAY**

The Reverend Daniel R. Morrow, *Celebrant / Preacher*

Nathaniel Anene    □    Charlotte Rieger    □    Martin Schaeffer  
*Acolytes*

Carol Teresita Forrester    □    Aileen Klarmann  
*Altar Guild*

Graham Ashley    □    Rolf Schneider  
*Ushers*

Gudrun Forstner  
*Organist*

Paul T. Pilgram  
*Bell Ringer*

Steve Knowles    □    David Case (in church)

Carol Adeney    □    Jo Westcombe (online)  
*Tech Team*

Joachim Zeller    □    Laura Smith (back-up)  
*Key Duty*

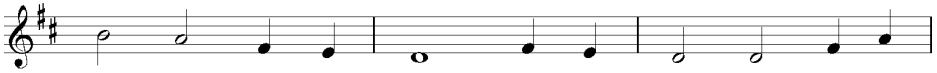
# Prelude

## OPENING HYMN | *Come, thou fount of every blessing*

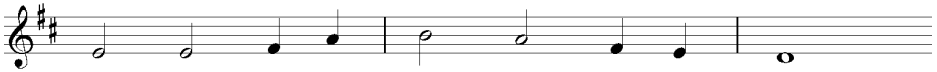
Hymn 686



1 Come, thou fount of ev - ery bless - ing, tune my  
2 Here I find my great - est trea - sure; hith - er,  
3 Oh, to grace how great a debt - or dai - ly



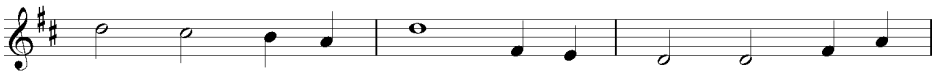
heart to sing thy grace! Streams of mer - cy nev - er  
by thy help, I've come; and I hope, by thy good  
I'm con - strained to be! Let thy good - ness, like a



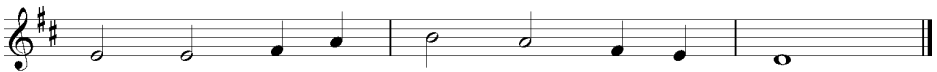
ceas - ing, call for songs of loud - est praise.  
plea - sure, safe - ly to ar - rive at home.  
fet - ter, bind my wan - dering heart to thee:



Teach me some me - lo - dious son - net, sung by  
Je - sus sought me when a stran - ger wan - dering  
prone to wan - der, Lord, I feel it, prone to



flam - ing tongues a - bove. Praise the mount! Oh, fix me  
from the fold of God; he, to res - cue me from  
leave the God I love; here's my heart, oh, take and



on it, mount of God's un - chang - ing love.  
dan - ger, in - ter - posed his pre - cious blood.  
seal it, seal it for thy courts a - bove.

*Celebrant* Bless the Lord who forgives all our sins;

*People* His mercy endures forever.

The Decalogue:

*Celebrant*

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me.

**Amen. Lord have mercy.**

You shall not make for yourself any idol.

**Amen. Lord have mercy.**

You shall not invoke with malice the Name of the Lord your God.

**Amen. Lord have mercy.**

Remember the Sabbath day and keep it holy.

**Amen. Lord have mercy.**

Honor your father and your mother.

**Amen. Lord have mercy.**

You shall not commit murder.

**Amen. Lord have mercy.**

You shall not commit adultery.

**Amen. Lord have mercy.**

You shall not steal.

**Amen. Lord have mercy.**

You shall not be a false witness.

**Amen. Lord have mercy.**

You shall not covet anything that belongs to your neighbor.

**Amen. Lord have mercy.**

Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your

soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these." Mark 12:29-31

*Celebrant*

Let us confess our sins against God and our neighbor.

*Silence is marked with the ringing of a bell, and then together:*

***Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and We humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.***

*Celebrant*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

**TRISAGION (WE SING THREE TIMES)**

Hymn S102

Ho - ly God, Ho - ly and Might - y,

Ho - ly Im - mor - tal One, Have mer - cy up - on us.

**The Collect of the Day**

*Celebrant* The Lord be with you.

*People* And also with you.

*Celebrant* Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and forever.

*People* Amen

*All are invited to be seated*

## **The Lessons**

The First Reading | Numbers 21:4-9

*Read in German*

From Mount Hor the Israelites set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food." Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, "We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us." So Moses prayed for the people. And the Lord said to Moses, "Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live." So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

*Reader* The Word of the Lord.

*People* Thanks be to God

**Psalm** | 107:1-3, 17-22, Confitemini Domino

1 Give thanks to the Lord, for he is good, \*  
and his mercy endures for ever.

2 Let all those whom the Lord has redeemed proclaim \*  
that he redeemed them from the hand of the foe.

3 He gathered them out of the lands; \*  
from the east and from the west,  
from the north and from the south.

17 Some were fools and took to rebellious ways; \*  
they were afflicted because of their sins.

18 They abhorred all manner of food \*  
and drew near to death's door.

19 Then they cried to the Lord in their trouble, \*  
and he delivered them from their distress.

20 He sent forth his word and healed them \*  
and saved them from the grave.

21 Let them give thanks to the Lord for his mercy \*  
and the wonders he does for his children.

22 Let them offer a sacrifice of thanksgiving \*  
and tell of his acts with shouts of joy.

### **The Second Reading | Ephesians 2:1-10**

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ-- by grace you have been saved-- and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God-- not the

result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

Reader        The Word of the Lord.  
 People        Thanks be to God.

**Gospel Hymn** *Jerusalem, my happy home*

Hymn 620

*Omit vs 3*

1 Je - ru - sa - lem, my hap - py home, when  
 2 Thy saints are crowned with glo - ry great; they  
 3 There Da - vid stands with harp in hand as  
 4 Our La - dy sings Mag - ni - fi - cat with  
 5 Je - ru - sa - lem, Je - ru - sa - lem, God

1 shall I come to thee? When shall my sor - rows  
 2 see God face to face; they tri - umph still, they  
 3 mas - ter of the choir: ten thou - sand times would  
 4 tune sur - pass - ing sweet, and bless - ed mar - tyrs'  
 5 grant that I may see thine end - less joy, and

1 have an end? Thy joys when shall I see?  
 2 still re - joice in that most hap - py place.  
 3 one be blest who might this mu - sic hear.  
 4 har - mo - ny doth ring in ev - ery street.  
 5 of the same par - ta - ker ev - er be!



## The Gospel | John 3:14-21

*Celebrant* The Holy Gospel of our Lord Jesus Christ according to John.

*People* Glory to you, Lord Christ.

Jesus said, "Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God.

*Celebrant* The Gospel of the Lord.

*People* Praise to you, Lord Christ.

## The Sermon

*The Reverend Daniel R. Morrow*

*Silence will be marked with the ringing of a bell.*

*All are invited to stand*

## The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father.

Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate

from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come.

Amen.

### Prayers of the People

With confidence and trust let us pray to Christ.

For the one holy catholic and apostolic Church.  
let us pray to Christ.

Lord of compassion,  
**in your mercy hear us.**

For peace in the world, especially in Palestine, Israel, Ukraine, Yemen, Syria, Somalia, Congo and everywhere there is strife and warfare, that a spirit of respect and reconciliation may grow among nations and peoples, let us pray to Christ.

Lord of compassion,  
**in your mercy hear us.**

For the poor, the persecuted, the sick, and all who suffer, especially \_\_\_\_\_ for refugees, prisoners, and all in danger; that they may be relieved and protected, let us pray to the Christ.

Lord of compassion,  
**in your mercy hear us.**

For those whom we have injured or offended, let us pray to Christ.

Lord of compassion,

**in your mercy hear us.**

For grace to amend our lives and to further the reign of God,  
let us pray to Christ.

Lord of compassion,

**in your mercy hear us.**

In communion with all those who have walked in the way of holiness  
let us pray to Christ

Lord of compassion,

**in your mercy hear us.**

Celebrant:

Holy God, in your love and goodness you have taught us to come close to you in penitence with prayer, fasting and generosity; accept our Lenten discipline, and when we fall by our weakness, raise us up by your unfailing mercy; through Jesus Christ our Lord. **Amen.**

*Silence*

## **The Peace**

*Celebrant* The peace of the Lord be always with you.

*People* And also with you.

*The People may greet one another in the name of the Lord. Please greet only those in your vicinity by reverently bowing and without moving into the aisles.*

## **Announcements**

*The Reverend Daniel R. Morrow*

## **The Offertory**

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.  
*—Ephesians 5:2*

**Thanks be to God.**

## **Offertory Anthem**



*Please offer your gifts to God by making a bank transfer (EUR or USD), scanning this QR code in your PayPal app or by making a regular financial commitment to Church of the Ascension using the form [http://bit.ly/financial\\_commitment\\_2024](http://bit.ly/financial_commitment_2024) . Even a small amount given regularly helps.*

*God shall give his angels charge over you; to keep you in all your ways.  
They shall bear you in their hands: that you hurt not your foot against a  
stone*

# The Doxology

Old 100th, melody from Pseaumes octante trois de David, 1551  
Harmonization after Louis Bourgeois (1510-1561)

Praise God, from whom all blessings flow. Praise God all creatures here be - low. Praise God a - bove ye heav - enly hosts. Praise Fath - er, Son, and Ho - ly Ghost. A - men.

## The Great Thanksgiving

*Eucharistic Prayer B, BCP p. 367*

*Celebrant* The Lord be with you.

*People* And also with you.

*Celebrant* Lift up your hearts.

*People* We lift them to the Lord.

*Celebrant* Let us give thanks to the Lord our God.

*People* It is right to give God thanks and praise.

*The celebrant continues*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

### Sanctus | Holy, holy, holy Lord (from “Deutsche Messe”) Hymnal S130

Ho - ly, ho - ly, ho - ly Lord, God of power and  
might, Ho - ly, ho - ly, ho - ly Lord,  
God of power and might, hea - ven and earth are  
full, full of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na  
in the high - est. Bless - ed is he who comes  
in the name of the Lord. Ho - san - na



*The Celebrant continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

*Celebrant and People*

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

*Celebrant*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons

and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. AMEN.

*The celebrant continues*

And now, as our Savior Christ has taught us, we are bold to say,

### *Celebrant and People*

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.	Vater unser im Himmel geheiligt werde dein Name. Dein Reich komme. Dein Wille geschehe, wie im Himmel so auf Erden. Unser tägliches Brot gib uns heute. Und vergib uns unsere Schuld, wie auch wir vergeben unsern Schuldigern. Und führe uns nicht in Versuchung, sondern erlöse uns von dem Bösen. Denn dein ist das Reich und die Kraft und die Herrlichkeit in Ewigkeit. Amen.
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### **The Breaking of the Bread**

*Celebrant* Christ our Passover is sacrificed for us;

*People* Therefore let us keep the feast.

### **The Invitation to Communion**

*Celebrant*

This is the banquet of Christ. In His kingdom there are no outcasts. Wherever you find yourself on the journey of faith, you are welcome at God's table.



## **A Prayer for Spiritual Communion with Those Worshiping Online** *Celebrant and People*

Lord Jesus, as you promised to be with us in the bread and wine that is your body and blood, grant that we may receive you spiritually today into our hearts, minds and souls. Stay with us; be our companion in the way; kindle our hearts and awaken hope that we may know you and have confidence in your loving care, now and forever. Amen.

### **Notes for Those Making a Physical Communion**

- *Please remain in your seat until an usher invites you come forward.*
- *For those with gluten allergies, gluten-free communion wafers are available. Simply ask the priest as communion is offered to you.*
- *For those who wish, the chalice will be offered on either side of the altar. Following convocation guidelines, intinction will not be allowed at this time. Please know that the church has always taught that communion in one kind is a full and valid communion. If you do not wish to drink from the chalice, you may simply return to your seat, stop and bow to the chalice or simply touch the chalice as a sign of reverence.*

### **Communion Anthem**

(Feel free to remain seated during the Communion Hymn.)

**Communion Hymn** *Draw nigh and take the Body of the Lord* Hymn 328

1 Draw nigh and take the Bo - dy of the Lord,  
 2 Saved by that Bo - dy and that ho - ly Blood,  
 3 Sal - va - tion's giv - er, Christ, the on - ly Son,  
 4 Of - fered was he for great - est and for least,  
 5 Ap - proach ye then with faith - ful hearts sin - cere,

1 and drink the ho - ly Blood for you out - poured.  
 2 with souls re - freshed, we ren - der thanks to God.  
 3 by his dear cross and blood the vic - tory won.  
 4 him - self the Vic - tim, and him - self the Priest.  
 5 and take the pledg - es of sal - va - tion here.

- 6 He that his saints in this world rules and shields  
to all believers life eternal yields;
- 7 with heavenly bread he makes the hungry whole,  
gives living waters to the thirsting soul.
- 8 Alpha-Omega, unto whom shall bow  
all nations at the doom, is with us now.

**The Postcommunion Prayer**

*BCP p. 365*

*All are invited to stand*

*Celebrant* Let us pray.

*Celebrant and People*

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue forever in the risen life of Christ our Savior. **Amen.**

## The Blessing

### Celebrant

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of God Almighty, Father, Son and Holy Spirit be with you now and remain with you forever. **Amen**

## Closing Hymn | *Amazing grace how sweet the sound*

Hymn

671

1 A - maz - ing grace! how sweet the sound, that  
2 'Twas grace that taught my heart to fear, and  
3 The Lord has prom - ised good to me, his  
4 Through man - y dan - gers, toils, and snares, I  
\* 5 When we've been there ten thou - sand years, bright

1 saved a wretch like me! I once was lost but  
2 grace my fears re - lieved; how pre - cious did that  
3 word my hope se - cures; he will my shield and  
4 have al - rea - dy come; 'tis grace that brought me  
5 shin - ing as the sun, we've no less days to

1 now am found, was blind but now I see.  
2 grace ap - pear the hour I first be - lieved!  
3 por - tion be as long as life en - dures.  
4 safe thus far, and grace will lead me home.  
5 sing God's praise than when we'd first be - gun.

*The melody may be sung in canon at distances of either two or three beats.*

## **The Dismissal**

**Celebrant** Go in Peace to love and serve the Lord.

*People* Thanks be to God.

## **Postlude**

*Please remain in the Parish Hall (Gemeindesaal) following the worship service for  
Lenten Soup.*