

The Holy Eucharist



The Church of the Ascension *Munich*

The Third Sunday in Lent

March 12, 2023

12.15 p.m.

www.ascension-munich.org

Seybothstraße. 4, 81545 München

The Church of the Ascension

The Episcopal Church in the Anglican Communion

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Patrick Kana *Sexton*

Lois Stuckenbruck *Parish Administrator*

SERVING IN WORSHIP TODAY

The Reverend Daniel R. Morrow, *Celebrant / Preacher*

Jill Thomas

Altar Guild

Peter Gray • Elizabeth Wink

Ushers

Giles Williams

Organist

Paul T. Pilgram

Bell Ringer

Steve Knowles • David Case (in Church)

Carol Adeney • Jo Westcombe (online)

Tech Team

Donald Adewale • Rémy Bethmont (back-up)

Key Duty

The Holy Eucharist

The Third Sunday in Lent

ORDER OF SERVICE

A warm welcome to all!

***Please keep your microphones muted on Zoom
for the duration of this service.***

***While masks are no longer mandatory,
we encourage you to continue to wear them while in church.***

The Ringing of the Bells

ORGAN PRELUDE „*ICH RUF ZU DIR, HERR JESU CHRIST*“

J.S. BACH

All are invited to stand

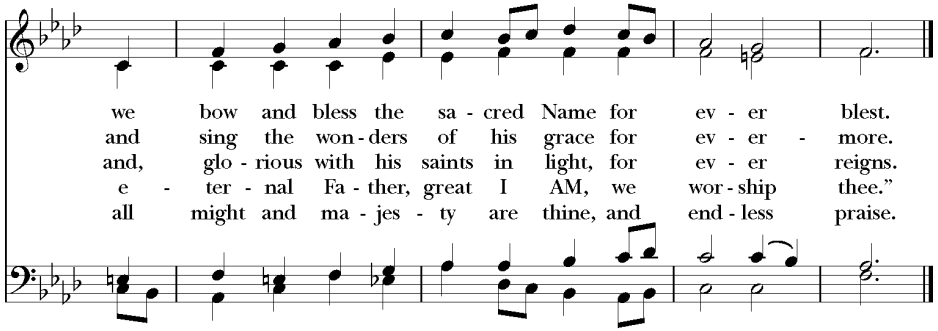
OPENING HYMN | "The God of Abraham praise"

Hymn 401

1 The God of A - braham praise, who reigns en - throned a - bove;
 2 He by him - self hath sworn: we on his oath de - pend;
 3 There dwells the Lord, our King, the Lord, our Right - eous - ness,
 4 The God who reigns on high the great arch - an - gels sing,
 5 The whole tri - um - phant host give thanks to God on high;

1 An - cient of ev - er - last - ing days, and God of love;
 2 we shall, on ea - gle - wings up - borne, to heaven a - scend:
 3 tri - um - phant o'er the world and sin, the Prince of Peace;
 4 and "Ho - ly, ho - ly, ho - ly," cry, "Al - might - y King!
 5 "Hail, Fa - ther, Son, and Ho - ly Ghost!" they ev - er cry;

1 the Lord, the great I AM, by earth and heaven con - fessed:
 2 we shall be - hold his face, we shall his power a - dore,
 3 on Zi - on's sa - cred height his king - dom he main - tains,
 4 Who was, and is, the same, and ev - er - more shall be:
 5 hail, A - braham's Lord di - vine! With heaven our songs we raise;



we bow and bless the sa - cred Name for ev - er blest.
 and sing the won - ders of his grace for ev - er - more.
 and, glo - rious with his saints in light, for ev - er reigns.
 e - ter - nal Fa - ther, great I AM, we wor - ship thee."
 all might and ma - jes - ty are thine, and end - less praise.

All are invited to stand

Celebrant Bless the Lord who forgives all our sins;

People His mercy endures forever.

Celebrant The Decalogue:

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me.

Amen. Lord have mercy.

You shall not make for yourself any idol.

Amen. Lord have mercy.

You shall not invoke with malice the Name of the Lord your God.

Amen. Lord have mercy.

Remember the Sabbath day and keep it holy.

Amen. Lord have mercy.

Honor your father and your mother.

Amen. Lord have mercy.

You shall not commit murder.

Amen. Lord have mercy.

You shall not commit adultery.

Amen. Lord have mercy.

You shall not steal.

Amen. Lord have mercy.

You shall not be a false witness.

Amen. Lord have mercy.

You shall not covet anything that belongs to your neighbor.

Amen. Lord have mercy.

Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these."

Mark 12:29-31

Celebrant

Let us confess our sins against God and our neighbor.

Silence may be kept, and then together:

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbor as our selves. We are truly sorry and We humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Kyrie

Hymn S-96

Lord, have mer - cy. Lord, have mer - cy.

Christ, have mer - cy. Christ, have mer - cy. Lord, Christ, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy. Lord, have mer - cy.

Lord, have mer - cy, have mer - cy.

The Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People Amen

All are invited to be seated

The Lessons

The First Reading | Exodus 17:1-7

Read in German by Lena Petri

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

Reader The Word of the Lord.

People Thanks be to God

1 Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.

2 Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.

3 For the Lord is a great God, *
and a great King above all gods.

4 In his hand are the caverns of the earth, *
and the heights of the hills are his also.

5 The sea is his, for he made it, *
and his hands have molded the dry land.

6 Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.

7 For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!

8 Harden not your hearts,
as your forebears did in the wilderness, *
at Meribah, and on that day at Massah,
when they tempted me.

9 They put me to the test, *
though they had seen my works.

10 Forty years long I detested that generation and said, *
"This people are wayward in their hearts;
they do not know my ways."

11 So I swore in my wrath, *
"They shall not enter into my rest."

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader The Word of the Lord.

People Thanks be to God.

Gospel Hymn | "There's a wideness in God's mercy"

Hymn 470

1 There's a wide-ness in God's mer - cy like the wide-ness of the sea;
2 There is no place where earth's sor - rows are more felt than up in heaven;
3 For the love of God is broad - er than the mea - sure of the mind;

there's a kind-ness in his jus - tice, which is more than lib - er - ty.
there is no place where earth's fail - ings have such kind - ly judg - ment given.
and the heart of the E - ter - nal is most won - der - ful - ly kind.

There is wel - come for the sin - ner, and more gra - ces for the good;
There is plen - ti - ful re - demp - tion in the blood that has been shed;
If our love were but more faith - ful, we should take him at his word;

there is mer - cy with the Sa - vior; there is heal - ing in his blood.
there is joy for all the mem - bers in the sor - rows of the Head.
and our life would be thanks - giv - ing for the good - ness of the Lord.

The Gospel | John 4:5-42

Celebrant The Holy Gospel of our Lord Jesus Christ according to John.
People Glory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever

done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

Celebrant The Gospel of the Lord.
People Praise to you, Lord Christ.

The Sermon

The Reverend Daniel R. Morrow

Silence may be kept.

All are invited to stand

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.

For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

With confidence and trust let us pray to Christ.

For the one holy catholic and apostolic Church.

let us pray to Christ.

Lord of compassion,

in your mercy hear us.

For peace in the world ...

that a spirit of respect and reconciliation may grow

among nations and peoples,

let us pray to Christ.

Lord of compassion,

in your mercy hear us.

For the poor, the persecuted, the sick, and all who suffer ...

for refugees, prisoners, and all in danger;

that they may be relieved and protected,

let us pray to Christ.

Lord of compassion,

in your mercy hear us.

For those whom we have injured or offended,

let us pray to Christ.

Lord of compassion,

in your mercy hear us.

For grace to amend our lives and to further the reign of God,

let us pray to Christ.

Lord of compassion,

in your mercy hear us.

In communion with all those who have walked in the way of holiness ...

let us pray to Christ.

Lord of compassion,

in your mercy hear us.

Celebrant:

Holy God,
in your love and goodness
you have taught us to come close to you in penitence
with prayer, fasting and generosity;
accept our Lenten discipline,
and when we fall by our weakness,
raise us up by your unfailing mercy;
through Jesus Christ our Lord.

Amen.

Silence

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

The People may greet one another in the name of the Lord. Please greet only those in your vicinity by reverently bowing and without moving into the aisles.

Announcements

The Reverend Daniel R. Morrow

The Offertory

Offertory Sentence:

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

—Ephesians 5:2

Thanks be to God.



*Please offer your gifts to God
by making a bank transfer (EUR or USD),
scanning this QR code in your PayPal app,
or by placing your offering in the plate.*

Offertory Anthem "Exsurge Domine"

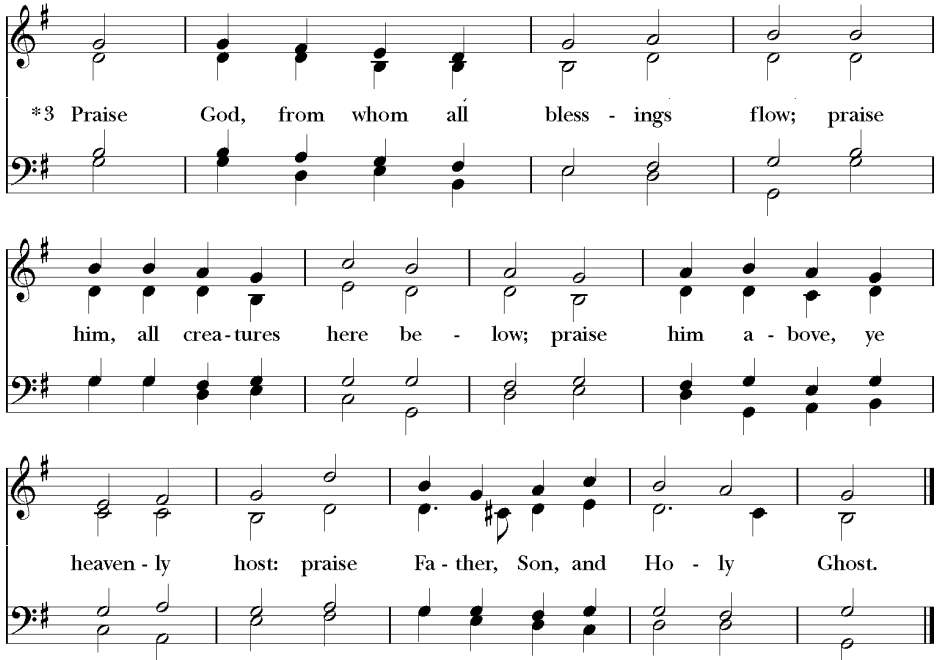
J. M. Haydn

Arise, o Lord, let not man be strengthened, let the Gentiles be judged in Your sight.

Response : When my enemy shall be turned back, they shall be weakened and perish before Your face

Doxology | "From all that dwell below the skies"

Hymnal 380



*3 Praise God, from whom all bless - ings flow; praise
him, all crea - tures here be - low; praise him a - bove, ye
heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

The Great Thanksgiving

Eucharistic Prayer B, BCP p. 367

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

The celebrant continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

Sanctus | Holy, holy, holy Lord (from “Deutsche Messe”) Hymnal S130

Those who are on Zoom, please feel free to sing along with sound muted.

Ho - ly, ho - ly, ho - ly Lord, God of power and
 might, Ho - ly, ho - ly, ho - ly Lord,
 God of power and might, hea - ven and earth are
 full, full of your glo - ry. Ho -
 san - na in the high - est. Ho - san - na
 in the high - est. Bless - ed is he who comes
 in the name of the Lord. Ho - san - na



The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People (muted)

We remember his death,
We proclaim his resurrection,
We await his coming in glory;

Celebrant

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where,

with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. AMEN.

The celebrant continues

And now, as our Savior Christ has taught us, we are bold to say,

Celebrant and People

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.

The Breaking of the Bread

Celebrant Christ our Passover is sacrificed for us;
People Therefore let us keep the feast.

The Invitation to Communion

Celebrant

This is the banquet of Christ. In His kingdom there are no outcasts. Wherever you find yourself on the journey of faith, you are welcome at God's table.

A Prayer for Spiritual Communion with Those Worshiping Online

Celebrant and People

Lord Jesus, as you promised to be with us in the bread and wine that is your body and blood, grant that we may receive you spiritually today into our hearts, minds and souls. Stay with us; be our companion in the way; kindle our hearts and awaken hope that we may know you and have confidence in your loving care, now and forever. Amen.

Notes for Those Making a Physical Communion

- *Please remain in your seat until an usher invites you come forward. Form one line for the host, then move right or left for the cup.*
- *For those with gluten allergies, gluten-free communion wafers are available. Simply ask the priest as communion is offered to you.*
- *For those who wish, the chalice will be offered on either side of the altar. Following convocation guidelines, intinction will not be allowed at this time. Please know that the church has always taught that communion in one kind is a full and valid communion. If you do not wish to drink from the chalice, you may simply return to your seat, stop and bow to the chalice or simply touch the chalice as a sign of reverence.*

Communion Anthem “Agnus Dei” from Missa in A J. Rheinberger

Lamb of God, who takest away the sins of the world!

Have mercy on us.

Lamb of God, who takest away the sins of the world!

Grant us peace.

Communion Hymn | "Come, we that love the Lord" Hymn 392



1 Come, we that love the Lord, and let our joys be known; join
2 Let those re - fuse to sing that nev - er knew our God; but
3 The heirs of grace have found glo - ry be - gun be - low; ce -
4 Then let our song a - bound and let our tears be dry; we're



in a song with sweet ac - cord and thus sur - round the throne.
chil - dren of the heaven - ly King may speak their joys a - broad.
les - tial fruits on earth - ly ground from faith and hope may grow.
march - ing through Em - man - uel's ground to fair - er worlds on high.



Refrain
Ho - san - na, ho - san - na! Re - joice, give thanks and sing.

The Postcommunion Prayer

BCP p. 365

All are invited to stand

Celebrant Let us pray.

Celebrant and People

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue forever in the risen life of Christ our Savior. **Amen.**

The Blessing

Celebrant

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of God Almighty, Father, Son and Holy Spirit be with you now and remain with you forever. **Amen**

Closing Hymn | "O God, unseen yet ever near"

Hymn 332



1 O God, un - seen yet ev - er near, thy pres - ence may we feel;
2 Here may thy faith - ful peo - ple know the bless - ings of thy love,
3 We come, o - be - dient to thy word, to feast on heav - en - ly food:
4 Thus may we all thy word o - bey, for we, O God, are thine;



and thus in - spired with ho - ly fear, be - fore thine al - tar kneel.
the streams that through the des - ert flow, the man - na from a - bove.
our meat the Bo - dy of the Lord, our drink his pre - cious Blood.
and go re - joic - ing on our way, re - newed with strength di - vine.

The Dismissal

Celebrant Let us go forth into the world rejoicing in the power of the Spirit.
People Thanks be to God.

ORGAN POSTLUDE „O Welt, ich muß dich lassen“

Johannes Brahms



Please join us in the Gemeindesaal (Fellowship Hall) for a Lenten Lunch:
Soup, bread, coffee and fellowship.



