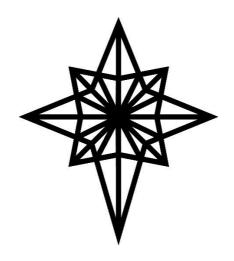
The Holy Eucharist



The Church of the Ascension

The 5th Sunday after the Epiphany

February 5, 2023 12.00 p.m.

www.ascension-munich.org

Seybothstraße. 4, 81545 München

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The Church of the Ascension

The Episcopal Church in the Anglican Communion

The Reverend Daniel R. Morrow revdanmorrow@ascension-munich.com

Priest-in-Charae

Janet Day-Strehlow seniorwarden@ascension-munich.com

Senior Warden

Angela Schneider

vestryclerk@ascension-munich.com

Clerk of the Vestry Hyunjin Cho

musicdirector@ascension-munich.com

Choir Director

Donald Adewale Rémy Bethmont Lloyd Denton

George Battrick

juniorwarden@ascension-munich.com

Junior Warden Kave O'Connell treasurer@ascension-munich.com

> Treasurer Joachim Zeller

safequardingofficer@ascension-munich.com

Safeguarding Officer Shema Paul

Sue Morris Maria Ramadori-Volker Charlotte Rieger Joachim Zeller

Members of the Vestry The Reverend Dr. Alison Gray revaligray@ascension-munich.com Priest Associate

Jeanne Glenz

Patrick Kana Sexton

Lois Stuckenbruck Parish Administrator

SERVING IN WORSHIP TODAY

The Reverend Daniel R. Morrow

Jill Thomas • Joy Schindel

Altar Guild

Joachim Zeller • Kaye O'Connell

Ushers

Gudrun Forstner

Organist

Paul T. Pilgram Bell Ringer

George Battrick (in Church)

Jo Westcombe • Carol Adeney (online)

Tech Team

George Battrick • Janet Day-Strehlow (back-up) Key Duty

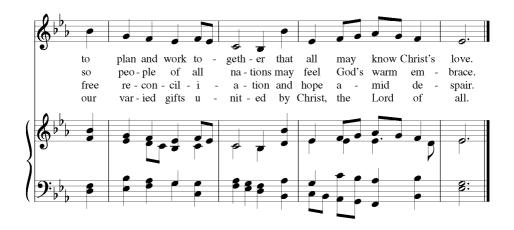
The Holy Eucharist

The Fifth Sunday after the Epiphany

	ORDER OF SERVICE
	A warm welcome to all!
PI	ease keep your microphones muted on Zoom
	for the duration of this service.
we encoi	While masks are no longer mandatory, urage you to continue to wear them while in church.
The Ringing of th	e Bells
ORGAN PRELUDE	

All are invited to stand





All are invited to stand

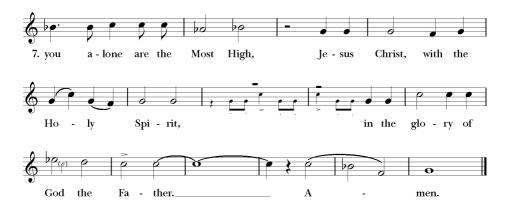
Celebrant Blessed be God: Father, Son, and Holy Spirit.

People And blessed be God's kingdom, now and Forever. Amen.

The Celebrant and People together

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Savior. Amen.





The Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and forever.

People Amen

All are invited to be seated

The Lessons

The First Reading | Isaiah 58:1-12

Read by Peter Dalen

Shout out, do not hold back!
Lift up your voice like a trumpet!

Announce to my people their rebellion, to the house of Jacob their sins.

Yet day after day they seek me and delight to know my ways,

as if they were a nation that practiced righteousness and did not forsake the ordinance of their God;

- they ask of me righteous judgments, they delight to draw near to God.
- "Why do we fast, but you do not see?
 Why humble ourselves, but you do not notice?"
- Look, you serve your own interest on your fast day, and oppress all your workers.
- Look, you fast only to quarrel and to fight and to strike with a wicked fist.
- Such fasting as you do today will not make your voice heard on high.
- Is such the fast that I choose, a day to humble oneself?
- Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes?
- Will you call this a fast, a day acceptable to the Lord?
- Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke,
- to let the oppressed go free, and to break every yoke?
- Is it not to share your bread with the hungry, and bring the homeless poor into your house;
- when you see the naked, to cover them, and not to hide yourself from your own kin?
- Then your light shall break forth like the dawn, and your healing shall spring up quickly;
- your vindicator shall go before you, the glory of the Lord shall be your rear guard.
- Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.
- [If you remove the yoke from among you, the pointing of the finger, the speaking of evil,

if you offer your food to the hungry and satisfy the needs of the afflicted,

then your light shall rise in the darkness and your gloom be like the noonday.

The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong;

and you shall be like a watered garden, like a spring of water, whose waters never fail.

Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach,

the restorer of streets to live in.]

Reader The Word of the Lord.
People Thanks be to God.

Psalm | 112:1-10

Led by Peter Dalen

1 Hallelujah!

Happy are they who fear the Lord * and have great delight in his commandments!

- 2 Their descendants will be mighty in the land; * the generation of the upright will be blessed.
- 3 Wealth and riches will be in their house, * and their righteousness will last Forever.
- 4 Light shines in the darkness for the upright; * the righteous are merciful and full of compassion.
- 5 It is good for them to be generous in lending * and to manage their affairs with justice.
- 6 For they will never be shaken; *
 the righteous will be kept in everlasting remembrance.
- 7 They will not be afraid of any evil rumors; * their heart is right; they put their trust in the Lord.

- 8 Their heart is established and will not shrink, * until they see their desire upon their enemies.
- 9 They have given freely to the poor, * and their righteousness stands fast Forever; they will hold up their head with honor.
- [10 The wicked will see it and be angry; they will gnash their teeth and pine away; * the desires of the wicked will perish.]

The Second Reading | 1 Corinthians 2:1-16

Read by Chrissie Grant

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

"What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him"—

these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. [And we speak of these things in words not taught by human wisdom

but taught by the Spirit, interpreting spiritual things to those who are spiritual.

Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are spiritually discerned. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny.

"For who has known the mind of the Lord so as to instruct him?"

But we have the mind of Christ.]

Reader The Word of the Lord.
People Thanks be to God.



The Gospel | Matthew 5:13-20

Celebrant The Holy Gospel of our Lord Jesus Christ according to Matthew.

People Glory to you, Lord Christ.

Jesus said, "You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

"You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

"Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven."

Celebrant The Gospel of the Lord.

People Praise to you, Lord Christ.

The Sermon

The Reverend Daniel R. Morrow

Silence may be kept.

All are invited to stand

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father.

Through him all things were made.

inrough nim all things were made

For us and for our salvation

he came down from heaven: by the power of the Holy Spirit

he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

Led by Janet Day-Strehlow

We pray that Christ may be seen in the life of the Church.

You have called us into the family of those who are the children of God.

May our love for our brothers and sisters in Christ

be strengthened by your grace.

Jesus, Lord of the Church,

in your mercy hear us.

You have called us to be a temple where the Holy Spirit can dwell.
Give us clean hands and pure hearts so that our lives will reflect your holiness.
Jesus, Lord of the Church,
in your mercy hear us.

You have called us to be a light to the world, so that those in darkness come to you. May our lives shine as a witness to the saving grace you have given for all. Jesus, Lord of the Church, in your mercy hear us.

You have called us to be members of your body, so that when one suffers, all suffer together. We ask for your comfort and healing power to bring hope to those in distress. Jesus, Lord of the Church, in your mercy hear us.

You have called us to be the Bride, where you, Lord, are the Bridegroom. Prepare us for the wedding feast, where we will be united with you Forever. Jesus, Lord of the Church, in your mercy hear us.

Celebrant

Jesus, Lord of the Church, you have called us into fellowship with all your saints. We unite our prayers with theirs and ask for grace to serve you with joy where you live and reign with the Father and the Holy Spirit, one God, now and for all eternity. Amen.

Silence

General Confession and Absolution

Celebrant Let us confess our sins against God and our neighbor.

Silence

The Celebrant and People together

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen*.

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

The People may greet one another in the name of the Lord. Please greet only those in your vicinity by reverently bowing and without moving into the aisles.

Announcements

The Reverend Daniel R. Morrow

The Offertory

Offertory Sentence:

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

—Ephesians 5:2

Thanks be to God.

Offertory Music



The Great Thanksgiving

Eucharistic Prayer B, BCP p. 367

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

The celebrant continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son lesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

Sanctus | Holy, holy, holy Lord (from "Deutsche Messe")

Hymnal S130

Those who are on Zoom, please feel free to sing along with sound muted.



The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People (muted)

We remember his death, We proclaim his resurrection, We await his coming in glory;

Celebrant

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. AMEN.

The celebrant continues

And now, as our Savior Christ has taught us, we are bold to say,

Celebrant and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

The Breaking of the Bread

Celebrant Christ our Passover is sacrificed for us;
People Therefore let us keep the feast.

The Invitation to Communion

Celebrant

This is the banquet of Christ. In His kingdom there are no outcasts. Wherever you find yourself on the journey of faith, you are welcome at God's table.

A Prayer for Spiritual Communion with Those Worshiping Online

Celebrant and People

Lord Jesus, as you promised to be with us in the bread and wine that is your body and blood, grant that we may receive you spiritually today into our hearts, minds and souls. Stay with us; be our companion in the way; kindle our

hearts and awaken hope that we may know you and have confidence in your loving care, now and forever. Amen.

Notes for Those Making a Physical Communion

- Please remain in your seat until an usher invites you come forward.
- For those with gluten allergies, gluten-free communion wafers are available. Simply ask
 the priest as communion is offered to you.
- For those who wish, the chalice will be offered on either side of the altar. Following
 convocation guidelines, intinction will not be allowed at this time. Please know that the
 church has always taught that communion in one kind is a full and valid communion. If
 you do not wish to drink from the chalice, you may simply return to your seat, stop and
 bow to the chalice or simply touch the chalice as a sign of reverence.





The Postcommunion Prayer

BCP p. 365

All are invited to stand

Celebrant Let us pray.

Celebrant and People

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power

of your Spirit, that we may proclaim your redeeming love to the world and continue forever in the risen life of Christ our Savior. **Amen**.

The Blessing

Celebrant

Christ the Son of God perfect in you the image of his glory and gladden your hearts with the good news of his kingdom; and the blessing of God Almighty, Father, Son and Holy Spirit be with you now and remain with you forever. **Amen**



The Dismissal

Celebrant Let us go forth into the world rejoicing in the power of the Spirit. *People* Thanks be to God.

ORGAN POSTLUDE



The Gemeindesaal (Fellowship Hall) is being used by Emmauskirche today. Listen to the announcements for the location of coffee.

